

BALLET CENTRE - SUMMER ADULT TIMETABLE 2010

MORNING CLASSES

Sunday	Classes	ST	Price	Teacher
8.15	Good Habits Exercise Class	1		Emma
8.30	Total Body Workout	TD	40	Ginny
8.30	Jazzercise	3	40	Cheryl
9.30'	Total Fat Burner	2	40	Dolly
Monday	Classes	ST	Price	Teacher
8.30	Body Blast	1	40	Marina
Tuesday	Classes	ST	Price	Teacher
8.15	Good Habits Exercise Class	1		Emma
8.30	Taeboe Kickboxing	2	40	Marina
8.30	Jazzercise	3	40	Cheryl
9.00	Yoga	5	70	Khadija
9.30	Total Fat Burner	2	40	Dolly
Wednesday	Classes	ST	Price	Teacher
8.30	Body Blast	1	40	Marina
9.00	Pilates	5	65	Khadija
Thursday	Classes	ST	Price	Teacher
8.15	Good Habits Exercise Class	1		Emma
8.30	Total Body Workout	TD	40	Ginny
8.30	Jazzercise	3	40	Cheryl
8.30	Body Blast	2	40	Marina
9.00	Yoga	5	70	Khadija
9.30'	Total Fat Burner	2	40	Dolly

EVENING CLASSES

Sunday	Classes	ST	Price	Teacher
7.00	Flamenco	2	50	Zyriabo
8.00	Flamenco	2	50	Zyriabo
Monday	Classes	St	Price	Teacher
6.45	Ballet	6	40	Ginny
7.00	Jazz	6	65	Susanne
7.45	Tap	40	40	Zoe
Tuesday	Classes	ST	Price	Teacher
7.30	Taekwondo	TD	40	Sabum
7.00	Belly Dancing - Beginners	1	40	Lydia
8.00	Belly Dancing - Advanced	1	40	Lydia
Wednesday	Classes	ST	Price	Teacher
6.45	Ballet	6	40	Ginny
7.00	Flamenco	4	50	Zyriabo
8.00	Flamenco	4	50	Zyriabo
Saturday	Classes	ST	Price	Teacher
6.00	Belly Dancing Level 1-2	1	40	Lydia
7.00	Belly Dancing Level 3-4	1	40	Lydia
8.00	Belly Dancing Advanced	1	40	Lydia