

MORNING CLASSES

Sunday	Classes	ST	Price	Teacher
8.15	Good Habits Exercise Class	1		Emma
8.30	Total Body Workout	2	40	Ginny
8.15	Jazzercise	TD	40	Cheryl
Monday	Classes	ST	Price	Teacher
8.30	Body Blast	1	40	Marina
10.30	Zumba	1	50	Jessie
Tuesday	Classes	ST	Price	Teacher
8.15	Good Habits Exercise Class	1		Emma
8.30	Fit Camp	2	40	Marina
10.30	Pilates	1	50	Jessie
Wednesday	Classes	ST	Price	Teacher
8.30	Body Blast	1	40	Marina
10.30	Zumba	1	50	Jessie
Thursday	Classes	ST	Price	Teacher
8.15	Good Habits Exercise Class	1		Emma
8.30	Total Body Workout	2	40	Ginny
8.15	Jazzercise	TD	40	Cheryl
10.30	Pilates	1	50	Jessie

EVENING CLASSES

Sunday	Classes	St	Price	Teacher
7.00	Body Blast	TD	40	Marina
Monday	Classes	St	Price	Teacher
6.45	Intermediate/Adv Ballet	TD	40	Ginny
7.30	Tap	1	40	Zoe
Tuesday	Classes	ST	Price	Teacher
7.30	Taekwondo	TD	40	Sabum
7.00	Belly Dancing - Beginners	1	40	Lydia
8.00	Belly Dancing - Advanced	1	40	Lydia
Wednesday	Classes	ST	Price	Teacher
7.00	Beginners Ballet	TD	termly	Ginny
7.00	Fit Camp	3	40	Marina
7.00	Zumba	6	50	Jessie
Saturday	Classes	ST	Price	Teacher
6.00	Belly Dancing Level 1-2	1	40	Lydia
7.00	Belly Dancing Level 3-4	1	40	Lydia
8.00	Belly Dancing Advanced	1	40	Lydia